

Attachment 9.8.1



Proposed IllinoisCOM Student Mental Health Services Policy

DOCUMENT TITLE:	Student Mental Health Services Policy
APPROVAL DATE:	TBD
NEW OR REVISION	New
EFFECTIVE DATE:	TBD
SCOPE/APPLICABILITY:	All IllinoisCOM students
RESPONSIBLE OFFICE:	Office of Student Affairs
LAST AUDITED:	

PURPOSE

The purpose of the Student Mental Health Services policy is to inform all students, faculty, and staff that the IllinoisCOM offers students both on-campus and off-campus counseling options that are free of charge for students.

POLICY

- The Chicago School offers Student Solutions, a 24-hour per day, 7-day per week counseling and support resource available to all students, both on-campus and off-campus.
- The Chicago School Wellness Department is dedicated to promoting holistic student wellness and development through comprehensive programs, services, and targeted interventions.

PROCEDURES

1. Counseling Resources
 - A. The Chicago School offers Student Solutions, a 24-hour per day, 7-day per week counseling and support resource available to all students.
 - B. Students have access to counseling sessions with on-campus licensed mental health professionals through Counseling Services.
 - Counseling Services provides immediate support through individual psychotherapy, proactive programming and training, crises management and couples or small-group counseling sessions.
 - Counseling Services can also help students struggling with maladaptive behaviors (e.g., substance misuse, disordered eating, etc.).
2. Student Wellness Resources
 - A. The [Chicago School Student Wellness department](#) is dedicated to promoting holistic student development through comprehensive programs, services, and targeted interventions.



- The mission of the Wellness Department is to cultivate a supportive environment that empowers students to succeed in their academic journeys. They strive to continually raise awareness of services and resources focused on access, inclusion, and student well-being, ensuring every student has the support they need to thrive.
- There are several areas on the Student Wellness website in which students may seek support: Disability and ADA Accommodations; Counseling, Mental Health, and Addiction/Substance Abuse; Crises Hotlines; General Assistance; Housing; Food, Nutrition, and SNAP Eligibility; Healthcare; Financial; Technology Assistive and Access and Resources; Stress Relief and Self-Care; Academic Resources and Skills Development; Trainings and Events; Safe Zone Program.

